



Canadian Friends Service Committee

E-Newsletter



QUAKERS
Canadian Friends
Service Committee

Breaking news: CFSC is expanding! Please welcome our first ever Government Relations Representative, Sandra Wiens.

Sandra will help bring your peace and justice concerns directly to decision makers in Ottawa. Find out more:

QuakerService.ca/GovernmentRelations



Breaking news: The Quaker voice is coming to Parliament Hill!

This is a special moment because we'll be taking your concerns directly to decision makers in a much bigger way. For the first time in our more than 90 year history, we've hired a Government Relations Representative. Please join us in welcoming Sandra Wiens

Your voice, grounded in our Quaker approaches that need to be heard, will reach decision makers more than ever before. We'll keep doing grassroots peace and justice work, but now we're also expanding into having a deeper policy influence.

Listen to several members of our board of directors explain why this excites them:



Read Sandra's bio and [learn more about this expansion of our work.](#)

Will you help to make this growth a success? Please [give a one-time donation](#) in support of our efforts to expand and have more influence on the justice and peace issues that matter to you.



What is CFSC? New three minute video has the answers

Learn all about Canadian Friends Service Committee in this new three minute video narrated by our General Secretary Jennifer Preston. Please [watch, comment, and share](#). (And don't forget to subscribe to [our YouTube channel](#) for more great videos!)



Marina Abramović performing *The Artist is Present*. Shelby Lessig, CC BY-SA 3.0



Why Your Presence Alone Is Surprisingly Powerful

Sometimes conflict transformation can happen without words. In [his newest blog post for *Psychology Today*](#) CFSC's Matt Legge looks at interesting research into the power of silently gazing into someone's eyes or sitting together with them. You can join a [free interactive book study](#) to learn more about your power and how to use it to transform conflicts.